

# Preventive Health SA

## Our Vision

Healthier South Australians, across generations.

## Our Purpose

Leading evidence-informed, innovative and integrated action to prevent and reduce the burden of non-communicable health conditions and improve health equity across South Australia.

### Our Commitment to Closing the Gap

Preventive Health SA acknowledges that Aboriginal and Torres Strait Islander peoples have a human right to enjoy life outcomes that are equal to all Australians.

We are committed to the National Agreement on Closing the Gap and recognise that partnering with the Aboriginal Community Controlled sector is essential to Aboriginal and Torres Strait Islander peoples leading the design, delivery, and review of preventive health initiatives.

## How we operate and make decisions

### Evidence informed and impactful

We create and use the best available evidence in what we do, how we direct our efforts and how we demonstrate progress.

### Influential and systems thinking

We vigorously pursue positive change, informing and advising government and the community.

### Innovative and sustainable

We think differently to drive contemporary, innovative, and sustainable solutions to lead the preventive health agenda in South Australia.

### Collaborative, connected and united

We harness and build capability and expertise, working collectively to improve the health and wellbeing of all South Australians.

## How we behave

### Respectful

We treat others with dignity, kindness and empathy

### Transparent

We are open, accountable and trusted

### Brave

We take up challenges and courageously pursue change

### Inclusive

We embrace the diversity of all people and cultures

### Ethical

We work and act responsibly and with integrity

### Curious

We are willing to explore, try and learn

### Prevention Priorities

Obesity Prevention

Tobacco and Vaping

Alcohol and Other Drugs

Mental Health and Wellbeing

Suicide Prevention

Determinants of Health

Aboriginal Health and Health Equity



Government of South Australia  
Preventive Health SA

# Our Strategic Objectives

## 1 Leading the Agenda

We lead, promote, influence and advocate for primordial and primary prevention and the outcomes needed for a physically and mentally healthy population.

We'll know we're successful when...

Preventive health action is embedded across the state.

## 2 From Evidence to Impact

We use evidence to focus our efforts and meet the diverse needs of South Australians and maximise impact on health and wellbeing.

Evidence underpins all that we do.

## 3 Reshaping Systems

We drive and connect efforts to reshape the systems to address preventable risk factors and the determinants of health.

The system level drivers of poor health and wellbeing and health inequity are acknowledged and addressed.

## 4 Health Equity for All

We aspire to improve health equity through targeted approaches and initiatives.

Health equity is a central driver of decisions and tangible change in equity indicators is being achieved.

## 5 Succeeding Together

We partner across sectors to create meaningful connection with community and build a stable and resilient prevention ecosystem.

South Australia's prevention ecosystem is working as an impactful collective.

# What we do

## Lead, implement, commission and support...

- Policy, programs, strategies and services to improve physical and mental health and wellbeing, and health equity.
- Community education initiatives that increase understanding of health risks and how to modify behaviour for improved health and wellbeing and reduced ill health.
- Collaborative research in areas of preventive health and wellbeing.

## Advise, inform and promote...

- Preventive health policies, action and priorities that drive system change.
- The inclusion of preventive health considerations in the development of significant policies or measures.

## Collect, evaluate and report on...

- Population level health and wellbeing data to inform evidence-based practice.
- Preventive health programs or services.
- Preventive health investments, their potential benefit and economic impact.

## Engage, collaborate and partner with...

- Aboriginal and Torres Strait Islander peoples and representative bodies, to elevate cultural leadership and improve health equity, healing and social and emotional wellbeing.
- Community and government and non-government organisations to implement evidence informed preventive health policies and actions for priority populations.