

Playford Wellbeing Hub

Progress Update



Government
of South Australia

Wellbeing SA

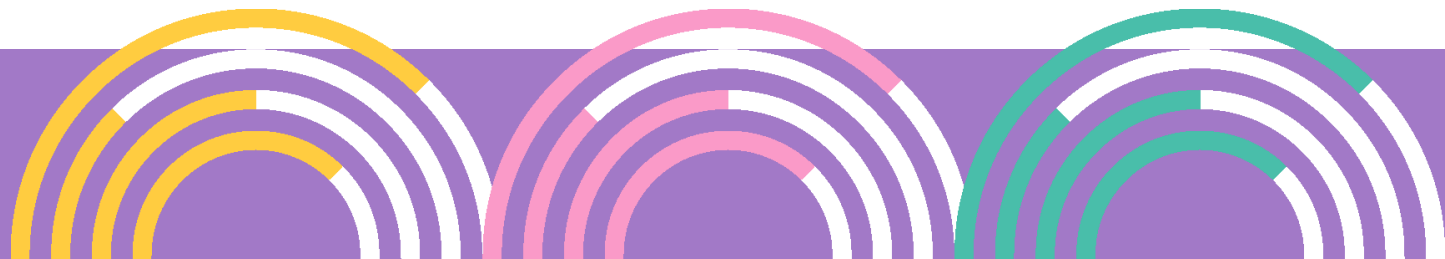


Supporting your state of wellbeing

Playford Wellbeing Hub

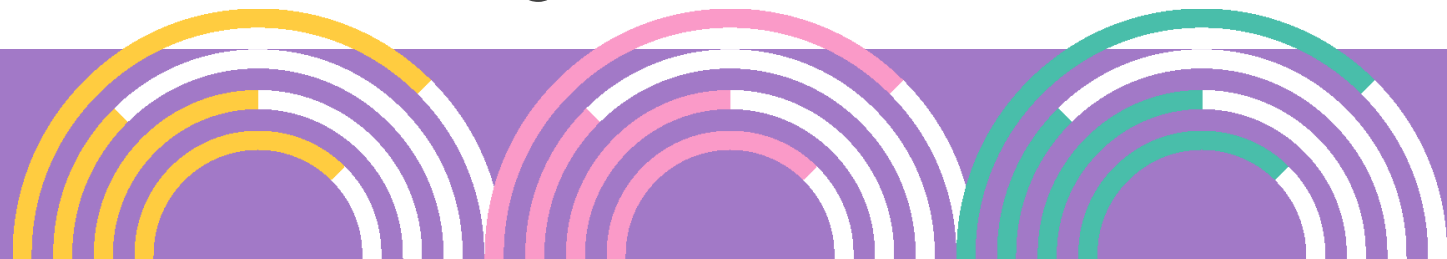
- will support physical, social and mental health and community wellbeing through the rapid activation of services and initiatives aimed at priority population groups
- will be targeted towards younger people and families, as well as older people (with a focus on priority population groups including Aboriginal people, people from CALD backgrounds and people with a disability)

Supporting your
state of wellbeing



Key strategies

- Delivery of services and initiatives from three key locations:
 - The Precinct Community Centre
 - Nature Strip between The Precinct and John McVeity Centre (JMC)
 - JMC
- Development of State Government and local partnerships to support activation
- Piloting, testing and evaluation
- Education and upskilling
- Engagement, activation and awareness raising



Focus Areas

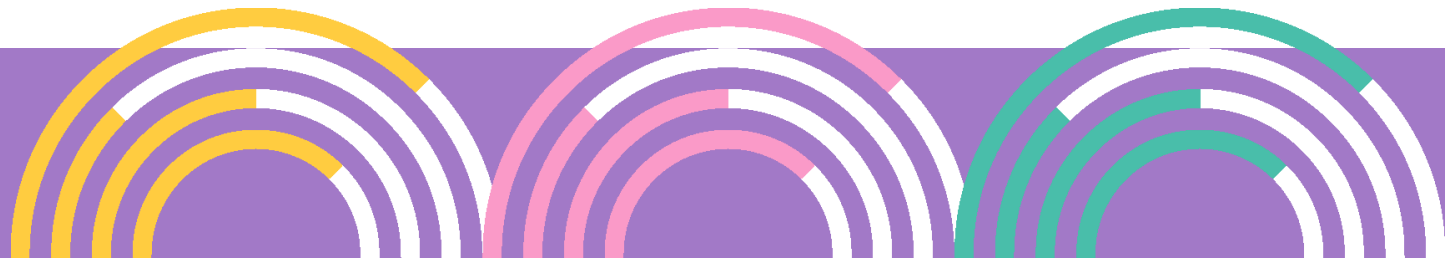
Creating
opportunities
to be active

Supporting
wellbeing
through
food

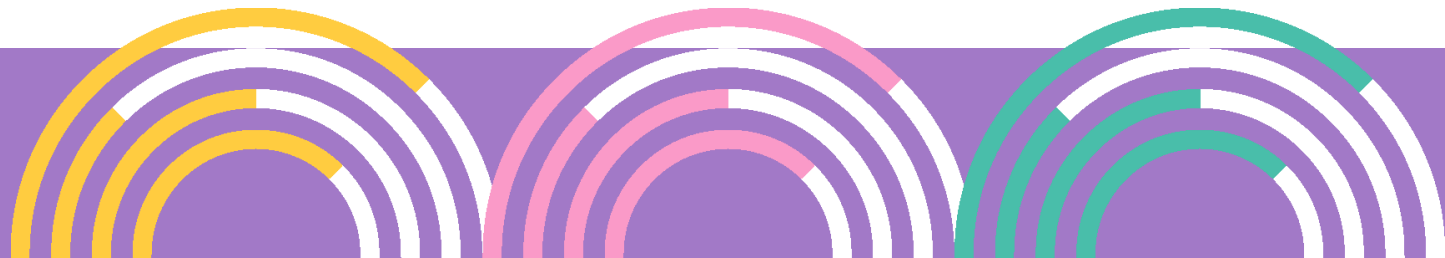
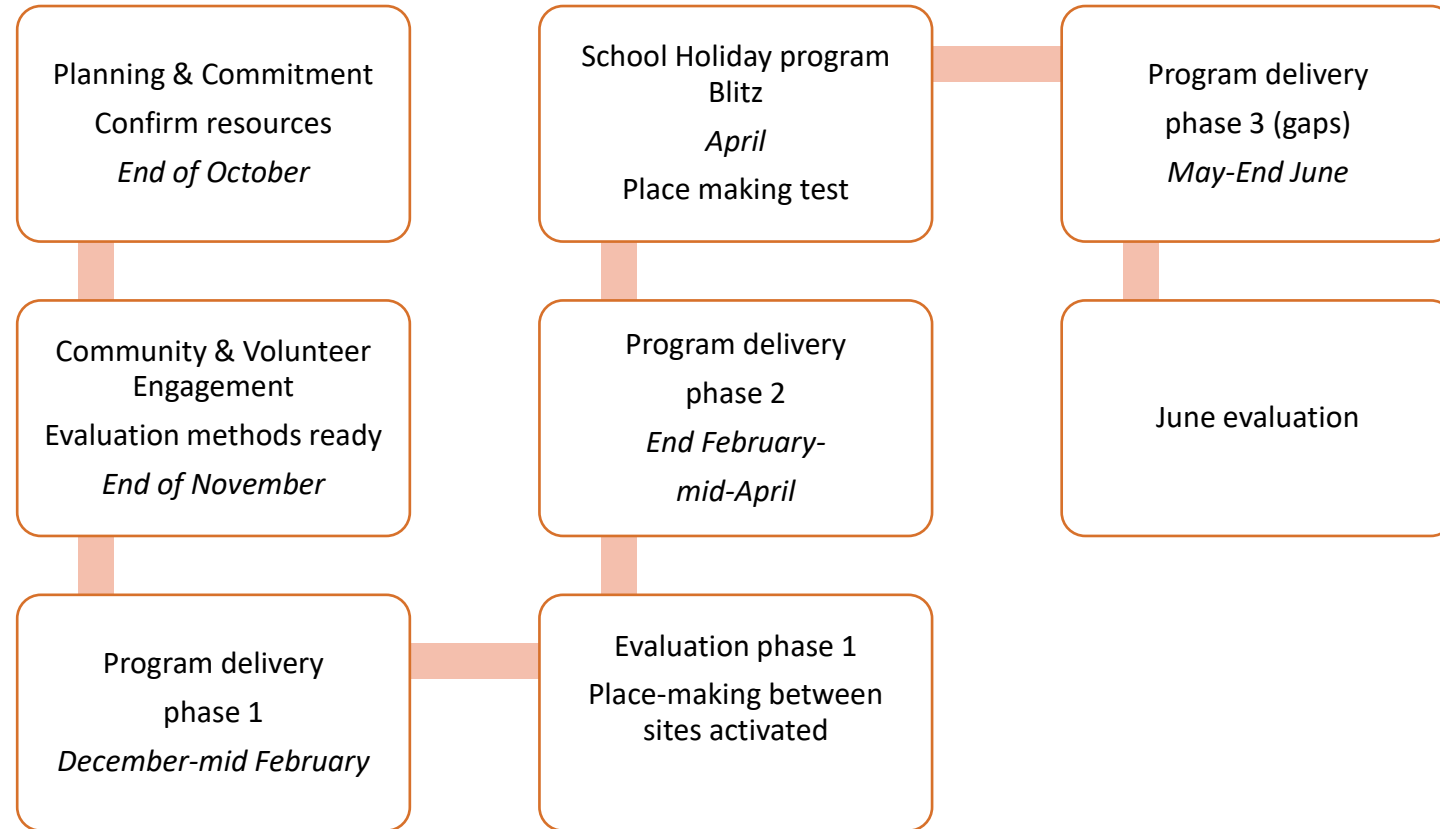
Improving
access to
health &
wellbeing
checks

Encouraging
community
participation
and
engagement

Supporting your
state of wellbeing



Implementation road map



Phase 1 & 2 initiatives

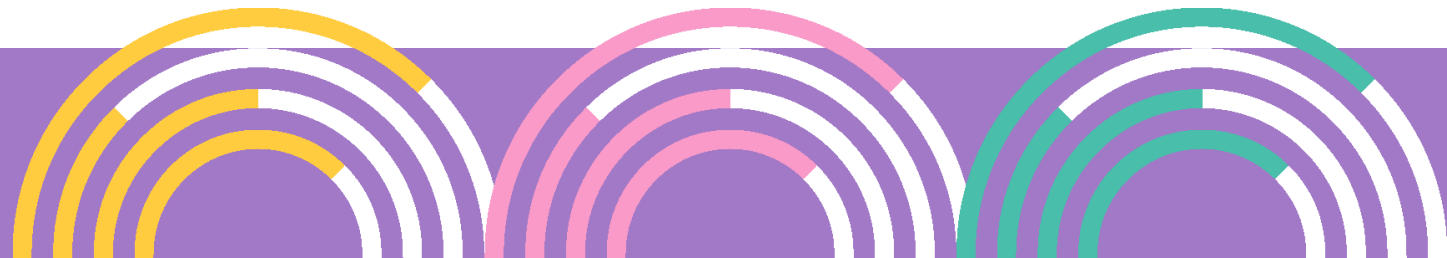
1. Creating opportunities to be active

- Carpark cricket
- Come n try activities
- Walking groups
- Strength for Life
- Nature Walks
- Tool Library
- Walking education
- Bike maintenance and repair education
- Playgroup/Kindergym

2. Supporting wellbeing through food

- Community garden
- Taste testers and Healthy Food Co activation
- Magic Harvest
- Breakfast to Dinner

**Supporting your
state of wellbeing**



Phase 1 & 2 initiatives

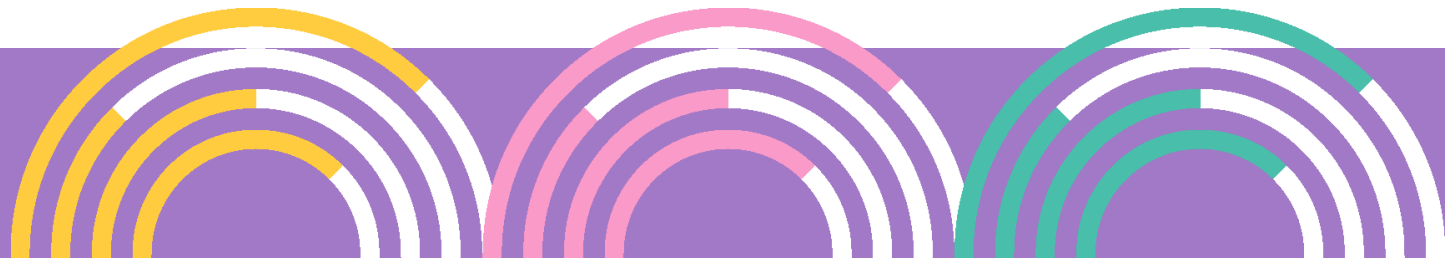
3. Improving access to health and wellbeing checks

- Health Checks (JMC and The Precinct sites)

4. Encouraging community participation and engagement

- Davoren Road Connector/Placemaking
- Open Day Fridays (including maker space activation)
- Launch event/s
- Youth support service outreach
- Mural art project
- Play Streets/Street clean up

Supporting your
state of wellbeing



Playford Wellbeing Hub

Purpose

The Playford Wellbeing Hub will support physical, social and mental health and community wellbeing through the rapid activation of services and initiatives aimed at priority population groups

Key strategies

Delivery of services and initiatives

Development of partnerships

Piloting, testing and evaluation

Education and upskilling

Engagement, activation and awareness raising

Primary audience

Programs and activities will be targeted towards younger people and families, as well as older people (with a focus on priority population groups including Aboriginal people, people from CALD backgrounds and people with a disability).

Focus Areas

1. Creating opportunities to be active

2. Supporting wellbeing through food

3. Improving access to health and wellbeing checks

4. Encouraging community participation and engagement

Initiatives

Carpark cricket
Come n try school holiday activities
Walking groups
Strength for Life
Nature Walks
Tool Library
Walking education
Bike maintenance and repair education
Playgroup/Kindergym

Community garden
Taste testers and Healthy Food Co activation
Magic Harvest
Breakfast to Dinner

Health checks

Davoren Road Connector/Placemaking
Open Day Fridays
Launch event/s
Youth support service outreach
Mural art project
Play Streets/Street clean up

Physical wellbeing

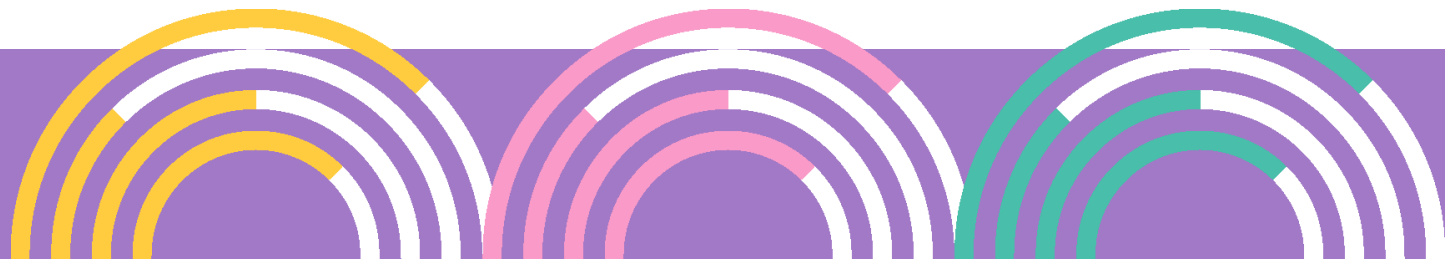
Mental wellbeing

Social wellbeing

Community wellbeing

Project resourcing

- \$33,000 funding provided to the City of Playford to appoint a Wellbeing Hub Project Officer
- Draft budget for consideration
 - Overall Hub costs (staffing, communications)
 - Phase 1 & 2 implementation
- Currently working on Communications Plan, Risk management planning and detailed project implementation



Next steps

- Finalise project budget and contracting requirements
- Agreement from all partners about initiatives for implementation and funding
- Executive and Ministerial support
- Grant agreement with the City of Playford

