

Concept Plan



Government of South Australia
Preventive Health SA



Wellbeing Hub
Happy • Healthy • Connected

Purpose: To improve community wellbeing through opportunities that enhance happiness, health and connection.

Primary Audience

Young people

People from culturally
and linguistically
diverse backgrounds

Socially Isolated people

Focus Areas

Mental
Health



Healthy
Eating



Physical
Activity



Social
Connection



Strategies

Partnerships & Collaboration

Community Training & Education

Community mobilisation &
volunteering

Low Cost Programs & Activities

Community & Information Sharing

Continuous Feedback Opportunities

Principles

Inclusive, accessible and flexible- catering for the
diverse needs of our
community.

Community involvement-
involving our community for
the best outcomes

Trusted source- providing
dependable information and
connections